

MEDICATIONS TO STOP FOR ALLERGY TESTING

ANTI-HISTAMINES

STOP 5 DAYS before testing:

Allegra (fexofenadine)
Zyrtec (cetirizine)
Claritin (loratadine)
Alavert (loratadine)
Clarinex (desloratadine)
Xyzal (levocetirizine)

STOP 3 DAYS before testing:

Benadryl (diphenhydramine)
Chlor-triemton
(chlorpheniramine)
Dimetapp
Bromfed (brompheniramine)
Extendryl
Periactin
Phenergan (promethazine)
Atarax (hydroxyzine)
Vistaril (hydroxyzine)
Meclizine
Compazine
*Any over-the-counter medication with the word "Allergy" or Nighttime med (Tylenol Allergy, NyQuil etc.)

Nasal Sprays:

Astelin (azelastine)
Astepro (azelastine)
Patanase (olopatadine)
Dymista

Eyedrops

Zaditor (ketotifen)
Optivar (azelastine)
Pataday, Patanol, Pazeo (olopatidine)
Elestat

BETA-BLOCKERS

STOP the morning of testing if ok with prescribing physician:

Atenolol
Metoprolol
Sotalol
Carvedilol
Propranolol
Labetalol
* any med ending in "...lol"
including eyedrops

Please Note:

- 1) These are general timeframes, but in rare instances skin testing may still not be accurate
- 2) It is impossible to list every drug that could interfere with skin testing
- 3) Certain neurologic and mood meds may also interfere with testing, but we do not recommend stopping them. In this case, we will discuss alternatives to skin testing.